

POWER STREAM

BARS & PLATES

The highest standards of strength & durability.

The Power Stream line of lifting bars and plates is as extensive as you will find anywhere. Manufactured to the highest standards of strength and durability, our entire line of bars and plates will provide your customers with everything they require for a safe and effective training session while at the same time add to the aesthetics of your facility.



BARS

IWF Competition Bar



Compliant with IWF standards, it is made from 60Si2CrA specialty steel and features premium needle bearings, friction-welded sleeves, and a fully knurled surface that is grip-friendly yet non-abrasive, offering exceptional feel and durability.

SPECIFICATIONS

Weight: 44.09 lbs
Load capacity: 1500 lbs
Diameter: 28mm

MENS Powerlifting - Olympic Bar 20kg



The standard 20kg weightlifting bar compliant with IWF standards can support loads of up to 1500 lbs. Made from 42CrMo alloy steel, it features premium needle bearings, friction-welded sleeves, and a fully knurled surface that is grip-friendly yet non-abrasive, offering exceptional feel and durability.

SPECIFICATIONS

Weight: 61.73 lbs
Maximum Load Capacity: 1500 lbs
Diameter: 28mm

WOMENS Powerlifting - Olympic Bar 15kg



Compliant with IWF standards, the standard 15kg weightlifting bar is designed for female athletes and can support a load of up to 1200 lbs. Made from 42CrMo alloy steel, it features premium needle bearings, friction-welded sleeves, and a fully knurled surface that is grip-friendly yet non-abrasive, offering exceptional feel and durability.

SPECIFICATIONS

Weight: 33.07 lbs
Maximum Load Capacity: 1200 lbs
Diameter: 25mm

Open Trap Bar



The hexagonal design and knurled neutral handles of the Trap Bar make it ideal for deadlifts, as the load is centered rather than offset like in traditional deadlifts, reducing stress on the lumbar spine. The open-ended design allows users to easily step into the center, and the open gap can be vertically positioned on the floor for more convenient handling and storage.

SPECIFICATIONS

Weight: 57.3 lbs
Maximum Load Capacity: 660 lbs
Dimensions: 216 x 72 x 25cm

Black Rubber Bumper Plates



Built for Performance: Whether you're a seasoned athlete or just starting your weightlifting journey, our Bumper Plates offer easy maintenance, long lasting finishes, and enhanced grip ability for increased safety. It's the ideal companion for squats, deadlifts, cleans, and more.

FEATURES

- White, easy-to-read lettering
- Clean, matte finish
- Strong, stainless steel collar insert
- Raised lip for easy transport
- Standard Olympic Diameter

SPECIFICATIONS

Diameter:

Olympic Standard 450mm/17.7"

Weight/Thickness:

- 10LB 1"
- 15LB 1.25"
- 25LB 1.9"
- 35LB 2.4"
- 45LB 3"

Insert: Stainless Steel

Durometer: 90

Color Bumper Plates



Color-coded for easy identification from a distance and built for performance, our color bumper plates will add a pleasing highlight to your facility and some extra excitement to your customers work-out. It's the ideal companion for squats, deadlifts, cleans, and more.

FEATURES

- Embossed, easy-to-read lettering
- Clean, matte finish
- Strong, stainless steel collar insert
- Raised lip for easy transport
- Standard Olympic Diameter

SPECIFICATIONS

Diameter:

Olympic Standard 450mm/17.7"

Weight/Color/Thickness:

- 10LB GRAY/1"
- 15LB ORANGE /1.25"
- 25LB GREEN/1.9"
- 35LB YELLOW/2.4"
- 45LB BLUE /3"

Insert: Stainless Steel

Durometer: 90

Rubber Olympic Plates



These iron plates feature a rubber coating for added gym equipment protection and noise reduction. Symmetrical grip holes make these weights easy to grab and perform individual plate exercises.

SPECIFICATIONS

Dimensions

Weight/Diameter/Thickness:

- 2.5LB 6.3"/1.0"
- 5LB 7.5"/1.2"
- 10LB 9.3"/1.5"
- 25LB 11.5"/2.0"
- 35LB 14.5"/1.8"
- 45LB 17.5"/1.6"

Urethane Olympic Plates



Encased in a CPU coating, each 25LB, 35LB, and 45LB plate features three grip holes around its circumference. These holes are precisely cut and positioned next to raised edges along the plate's perimeter, offering athletes a comfortable grip for easier transport and loading,

SPECIFICATIONS

Dimensions

Weight/Diameter/Thickness:

- 2.5LB 6.5"/0.5"
- 5LB 7.25"/0.75"
- 10LB 11"/1"
- 25LB 12.75"/1.5"
- 35LB 14.5"/1.5"
- 45LB 15.5"/1.7"