

POWER STREAM



**More Grip.
More Control.
More Efficiency.**

Stop struggling with hard-to-handle plates.

Train with plates designed for safe loading, easy transport, and long-term durability.

Engineered with integrated grip handles, clear weight markings, and a rubber-coated finish, the Rubber Olympic 4-Grips Plate supports efficient, high-volume training in commercial environments.

Rubber Olympic 4-Grips Plate

Available in a full range of weights to support progressive strength training in both commercial gyms and performance facilities.



Rubber Olympic 4 - Grips Plate

POWER STREAM

Commercial-Grade Rubber-Coated Weight Plate

SPECIFICATIONS

Encased in a durable rubber coating, the Rubber Olympic 4-Grips Plate is designed for efficient handling, safe loading, and long-term commercial use.

Each plate features precision-cut grip holes positioned around the perimeter, allowing for secure, comfortable handling during transport and plate changes.

Raised outer edges improve control when lifting plates from the floor or storage racks, while the rubber coating helps protect flooring and equipment in high-traffic training environments.

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Dimensions

Weight/Diameter/Thickness:

2.5LB 6.5"/0.5"

5LB 7.25"/0.75"

10LB 11"/1"

25LB 12.75"/1.5"

35LB 14.5"/1.5"

45LB 15.5"/1.7"

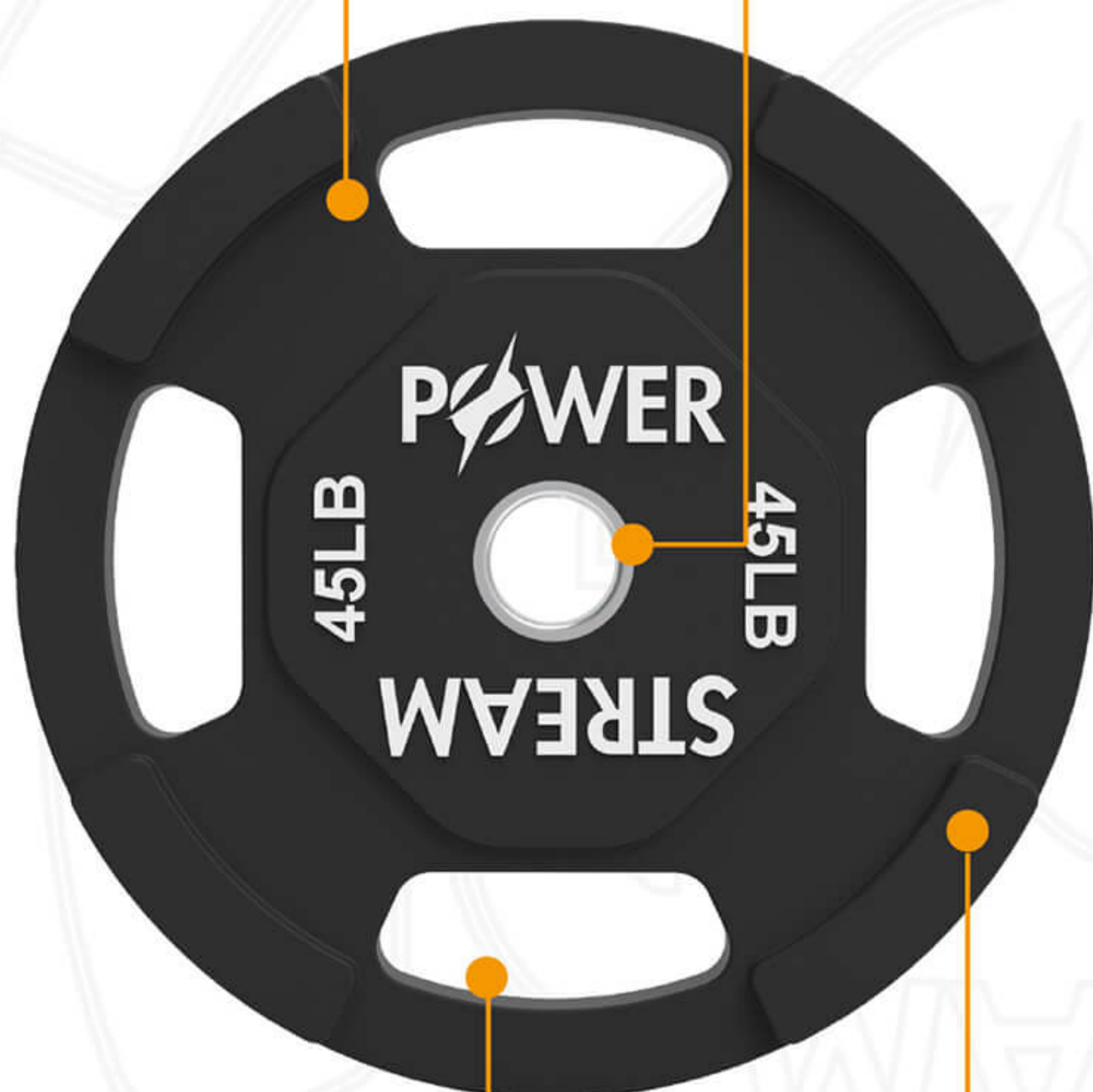
Material: Rubber

Professional Rubber Coating

Reduces noise and impact while protecting floors and equipment.

2" Olympic Center Hole

Compatible with all standard Olympic barbells and plate-loaded equipment.



Easy-to-Read Weight Markings

Clearly molded weight indicators for fast identification during training.

Space-Saving Interlocking Profile

Flat, compact design allows for efficient plate stacking and storage.

Integrated Grip Handle Design

Grip handles available on 10LB, 25LB, 35LB, and 45LB plates for safe, controlled handling.



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